

**Institute of Social & Cultural Studies
Faculty of Behavioral & Social Sciences
University of the Punjab, Lahore
Course Outline**



Programme	BS Demography	Course Code	DEM305	Credit Hours	3
Course Title	Population Aging				

After completion of this course the student will be able to:

5. critically apply core theoretical frameworks/concepts to social aspects of aging;
6. the ability to take a multi-level perspective which relates the political and economic environment, structured social relations (e.g., age, gender, class), social institutions (e.g., work and family), interpersonal relationships (especially with family members) and individual experience to one another; and
7. critically interpret quantitative and qualitative data related to aging presented in lay and professional sources.

Content:

- **Introduction to ageing: Concepts, issues and problems**

Definition and Subject matter

Types of Ageing: individual and societal Ageing

The challenges of population ageing

Society's attitudes towards the elderly: Ageism, values and beliefs, representation of elderly in media

- **The demographics of ageing**

Number and proportion of the Elderly

The Demographic Transition

The dependency Ratio

Elderly Population composition

- Sociological Theories of Ageing

 - Socio-environment Theory

 - Exchange theory

 - Modernization Theory

- **The Economics of Ageing**

 - Work, retirement, and Leisure

- **Death and dying**

 - Grief and Bereavement

 - Caregiving

 - Hospice

6. Needs, Resources and community services for elderly

- Needs: economic, social, housing, healthcare, community services
- Advocacy for elderly: National and international agencies and organizations
- National and international policy making for elderly

Teaching-Learning Strategies:

Teaching will be a combination of class lectures, class discussions, and group work. Short videos/films will be shown on occasion.

Assignments:

The sessional work will be a combination of written assignments, class quizzes, presentations, and class participation/attendance.

Assessments and Examination:

Sessional Work: 25 marks

Midterm Exam: 35 marks

Final Exam: 40 marks

Recommended Books:

1. Green, B. (2017). *Gerontology and the construction of old age*. Routledge.
2. Ferraro, K., & George, L. (Eds.). (2015). *Handbook of aging and the social sciences*. Academic Press.
3. Braedley, S. (2015). Ageing, Meaning and Social Structure: Connecting Critical and Humanistic Gerontology ed. by Jan Baars et al. *Canadian Journal on Aging/La Revue canadienne du vieillissement*, 34(3), 423-425.
4. 1990 *The Realities of Ageing* by Cary S. Kart, Allyn and Bacon, USA
5. 2012 *Ageing in the Twenty-First Century: A Celebration and A Challenge*, UNFPA
6. 2002 *Population Ageing and Development, Vol. 5, Population and Development Strategies Series*, UNFPA
7. 2005 *The Social context of Ageing: a Textbook of Gerontology* by Christina R. Victor, Routledge Tyler & Francis Group. London